

## Gender & Sexuality Committee

On Sunday, May 21 from 1:00-2:30 pm, the Gender & Sexuality Committee of NYSSCSW's Met chapter will host a panel of social workers from the LGBTQ+ community to share advice on working with LGBTQ+ clients as well as stories of how being a part of the LGBTQ+ community impacts their work. This is an excellent opportunity for clinicians eager to provide LGBTQ+-affirming services to gain tips and skills firsthand from those both in and impacted by working with LGBTQ+ clients.

Please note that no CEUs will be awarded for this program. Registrants will receive a Zoom link via email prior to the event. Please RSVP to Helen Krackow at [hhkrackow@gmail.com](mailto:hhkrackow@gmail.com)

### Panelists:



**Sara Eldridge, LCSW** (she/her), is a trauma therapist and clinical supervisor at the group practice Liberation-Based Therapy. She is also a Clinical Facilitator for Minding Your Mind, providing workshops on a variety of mental health topics to youth and adults. She was previously an assistant director and domestic violence counselor at Barrier Free Living.



**Natasha Camille, LCSW** (they/them/theirs), is the founder of Wildest Dreams Therapy and a relationship and sex therapist for BIPOC and LGBTQIA+ communities. Natasha works with individuals, couples, and families to transform painful generational patterns into the cultivation of intimacy and connection with self and others. Their approach invites the mind, body, and spirit to heal in tandem through a combination of narrative and attachment therapies, somatics, and psychedelic-assisted therapy. Natasha's work is rooted in and guided by the traditions of Black, queer feminism and healing justice.



**Alana López, LCSW** (she/her), is a clinician in private practice in New York. Her work is grounded in anti-capitalist and anti-authoritarian values. She specializes in working with folks in the queer, trans and non-binary, non-monogamous/polyamorous, and kink communities.



**Kim Wirt, LMSW, SIFI** (they/them) Kim Wirt (they/them) is a licensed master social worker who provides anti-oppressive care, decentering themselves and empowering their clients as they work together to unpack trauma that comes from our white supremacist, patriarchal, capitalistic society and creating a holistic, healing, therapeutic environment. Kim currently works full time as a forensic social worker at Legal Aid Society's Bronx Criminal Defense Practice, advocating for impoverished New Yorkers entrenched in the criminal legal system. They also take on FFS work as a psychotherapist at the group practice Psychotherapy and Counseling Center, where they specialize in helping folks explore their gender and sexuality, while also navigating within a cisheteronormative world.



**Sarah Betz, LCSW** (she/her), Is a Licensed Clinical Social Worker with 10+ years experience specializing in trauma, addiction, anxiety, and identity-affirming care for marginalized populations. She uses a combination of mind (CBT, DBT) and body (somatic, yoga) tools for healing.