

The Rockland Chapter of The New York State Society for Clinical Social Work

Invites you to a special event to celebrate National Social Work Month

Treating Borderline Clients: A Psychotherapist's Toolbox

by Lili Bernstein Goralnick, LCSW-R

**Sunday, March 17, 2019
in the Private Dining Hall at McNelis Commons
St. Thomas Aquinas College
Route 340, Sparkill, NY**

SCHEDULE

10:00am Presentation

11:30am Clinical Case Discussion, Raffle, and Light Lunch

Description:

Clinicians will understand and conceptualize Borderline Personality Disorder as a disorder of attachment and identify countertransference barriers to successful treatment. The important role of client psychoeducation will be discussed, along with clinicians feelings about doing so. Clinicians will learn about balancing necessary trauma work with tools for daily coping, including CBT and DBT tools to treat cognitive distortions and ineffective coping styles unique to BPD. Other effective tools and methods for helping clients achieve insight that resonates will be covered.

Lili Bernstein Goralnick, LCSW-R graduated Magna Cum Laude from Barnard College. Prior to graduating Columbia University School of Social Work, she participated in the conception and management of neuroscience, neuropathology and genetics research protocols for several years at New York State Psychiatric Institute and Mt. Sinai School of Medicine. She treats adolescents, adults and couples. She practices insight-oriented and psychodynamic psychotherapy, CBT, DBT, Mindfulness and EMDR. In addition to her private practice, from 2007-2014 she was Staff Therapist at *Bikur Cholim* Partners in Health, one of the world's largest centers for Orthodox Jewish mental health, located in Monsey, New York. Lili provides mentoring to young clinicians to help them prepare for practice and licensure. She currently speaks on topics of cultural competence, the treatment of clients with developmental disabilities, and Borderline Personality Disorder. Lili is a Fellow of the New York Society for Clinical Social Work, a member of the National Association of Social Workers, EMDRIA, and the International Organization of Orthodox Mental Health Professionals-Nefesh.

Costs:

NYSSCSW Members and Students - Free

Non-members - \$20

Students – Free

For additional information, please contact Kevin Melendy at kvmel@optonline.net