

NYSSCSW
Met Chapter

Group Therapy Committee

Presents

Group Therapy Workshop

Friday, January 11th

From 1 to 2:30 PM

Meetings will be held the second Friday of each month.

RSVP: Joseph Zagame at joe@mytherapynyc.com. We will meet at his office at 21st and Broadway, in Manhattan.

January's workshop will be experiential, with attendees stepping into the role of process group members. For the first 60 minutes of the workshop, Joseph will facilitate the session as a therapy group with a focus on the here-and-now experiences of the members. Members will not be required to share anything personal or sensitive about themselves. The final 30 minutes of the workshop will be saved for discussing the experience and reflecting on the skills used to conduct the process group.

The focus of these monthly workshops is to help therapists new to facilitating groups, as well as those who struggle to start and/or maintain a group. The goal is to encourage members to better understand and successfully lead groups in their private practice or agency settings. Members are not required to be running a group at the moment.

This group is sponsored by the NYSSCSW Met Chapter - Group Therapy Committee.

Joseph Zagame, LCSW-R, CGP, Director of myTherapyNYC has ten years of experience running groups and currently facilitates three ongoing groups. Joseph focuses on the here-and-now and uses the client-therapist relationship as the foundation for healing and growth. For more information about Joseph: <https://mytherapynyc.com/joseph-zagame/>

The fee will be \$5 for students, \$10 for society members and \$15 for non-members. Checks made out to NYSSCSW.

Space is limited to eight members for each workshop.

RSVP: Joseph Zagame at joe@mytherapynyc.com. We will meet at his office at 21st and Broadway, in Manhattan.

Joseph Zagame, LCSW-R, CGP, Director of myTherapyNYC

Office: [928 Broadway, Suite 806, New York, NY 10010](#),

Phone: (917) 524.9062

Email: joe@mytherapynyc.com
